

THE ONE THING EXERCISE



We all have times we feel stuck and we are consumed with pursuing too many directions or priorities. The key to this simple clarity tool is not to create a laundry list but to determine the top action you will take under each of these four categories.

Focus on one thing that you need to solve, one thing you need to accelerate, one thing that you need to stop doing, and one thing you need to learn.

Choose a time period for each: this week, month, quarter, year.

This exercise will take 30 minutes to 1 hour with your leadership team.

<p>Solve:</p> <p>Who will own this?</p>	<p>Accelerate:</p> <p>Who will own this?</p>
<p>Stop:</p> <p>Who will own this?</p>	<p>Learn:</p> <p>Who will own this?</p>
<p>When/how often will we review progress:</p>	

